

Life Skills Building Culinary Day Camp

July 2016

LIFE THROUGH FOOD

Where: Bill Wilson Center, Santa Clara CA

When: July 18-29, 2016 : Ten days

Time: 9 a.m. - 5 p.m.

Who: 15 kids of between 13-16 year olds that meet the criteria

Cost: There will be no fee charged to attendees

Facilitation and Teaching:

- Facilitated by the Justin's House Board of Directors
- Taught by local chefs and volunteer guest speakers

Goal: To empower kids to choose a better way to live by being introduced to and participating in the wonderful world of food and the power of family, the strengthening of independent living skills and the encouragement of personal growth.

Some activities may include:

- Practice of Food Safety, Sanitation, Dining Etiquette and Manners
- Practice of Verbal Communication Skills, Teamwork Skills and Interpersonal Skills
- Preparation of a family meal and participating in a family meal dining experience
- Guest Speakers on relevant topics/ topic of the day
- Relevant Movies and Discussion
- Games/ Role-Playing Activities
- Music Circle/ Life experiences through Collaging
- Guided Meditation/ Yoga
- Journal Writing

Justin's House is a registered 501.(c).(3) charitable organization having Tax ID No: 46-3874197

Our mission is to help youth live beyond abuse and addiction.

Justin's House

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